

ABSTRACT OF THE DISCLOSURE

An object-holder includes a support (2), fixing element (4) enabling the support to be carried by a user, at least one arm (10) mounted on the support so as to be mobile from a storage position and towards the storage position and having a receiving element (13) for at least part of an object (22), and a mechanism for locking the arm (15) and/or the object (18) when the arm is in the storage position.